

STANDING CALF

JFL - 5070

The Standing Calf is a heavy-duty machine designed to enhance your calf muscles. This machine offers a range of features, including an anti-skid footrest, ergonomically angled shoulder pads, and a support handle for a safe and effective workout experience.



Scan Here
to Access the Video

FEATURES

- ◆ **Ergonomic Padding:** High-density shoulder pads ensure comfort and reduce strain.
- ◆ **Adjustable Platform:** Non-slip foot platform ensures stability and accommodates users of different heights.
- ◆ **Stable Base:** Wide base for added stability and reduced wobble during use.
- ◆ **Precision Mechanics:** Utilizes a pulley system for even weight distribution.
- ◆ **Compact and Space-Saving:** Designed for efficient use of space in gym setups.

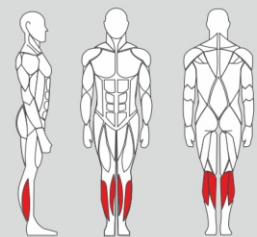
SPECIFICATIONS

DIMENSIONS:

Length: 56 inches / 142 cms
Width: 44 inches / 112 cms
Height: 75 inches / 191 cms
Weight: 454.1 lbs / 206 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Gastrocnemius, Soleus, Tibialis Anterior

COLOUR AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.