

# SUPER PERSONAL TRAINING STATION

JHSPTS

A dual weight stack cable machine that incorporates a smith machine in a compact frame to offer a well rounded workout experience. The front rail has scope for multiple attachments for various functional & compound movement exercises.



Scan Here  
to Access the Video

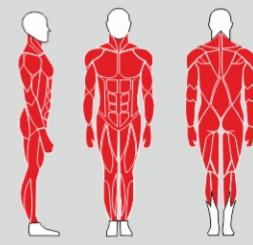
## FEATURES

- ◆ **Multi-Functional Design:** Combines a Smith machine, adjustable cable system, and weight storage for comprehensive strength training.
- ◆ **Dual Adjustable Pulleys:** Supports a variety of functional and isolation exercises with smooth motion.
- ◆ **Integrated Pull-Up Bar:** Includes a multi-grip bar for chin-ups, pull-ups, and core workouts.
- ◆ **Compact and Versatile Setup:** Ideal for home gyms, offering numerous workout options in a space-efficient design.
- ◆ **Sturdy Construction:** Built with durable materials to ensure stability and safety during intense workouts.

## SPECIFICATIONS

### DIMENSIONS:

Length: 64 inches/163 cms  
Width: 86 inches/218 cms  
Height: 92 inches/234 cms  
Weight: 789 lbs./358.2 KG  
Weight stack: 165 lbs./75 KG X 2 Stack



### MUSCLE WORKED: Full Body

### COLOURS AVAILABLE: Black.

\*Plates, barbell, attachments and accessories are not included and need to be bought separately.