

SUPER PERSONAL TRAINING STATION

JHSPTS

A dual weight stack cable machine that incorporates a smith machine in a compact frame to offer a well rounded workout experience. The front rail has scope for multiple attachments for various functional & compound movement exercises.



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FEATURES

- ◆ **Multi-Functional Design:** Combines a Smith machine, adjustable cable system, and weight storage for comprehensive strength training.
- ◆ **Dual Adjustable Pulleys:** Supports a variety of functional and isolation exercises with smooth motion.
- ◆ **Integrated Pull-Up Bar:** Includes a multi-grip bar for chin-ups, pull-ups, and core workouts.
- ◆ **Compact and Versatile Setup:** Ideal for home gyms, offering numerous workout options in a space-efficient design.
- ◆ **Sturdy Construction:** Built with durable materials to ensure stability and safety during intense workouts.

SPECIFICATIONS

DIMENSIONS:

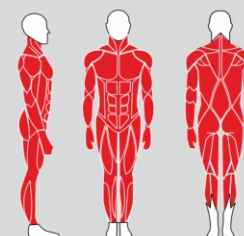
Length: 64 inches/163 cms

Width: 86 inches/218 cms

Height: 92 inches/234 cms

Weight: 788 lbs./358.2 KG

Weight stack: 165 lbs./75 KG X 2 Stack



MUSCLE WORKED: Full Body

COLOURS AVAILABLE: White, Silver, Red, Orange, Lemon yellow, Hammertone grey, Green, Graphite grey, Golden yellow, Dark silver, Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.