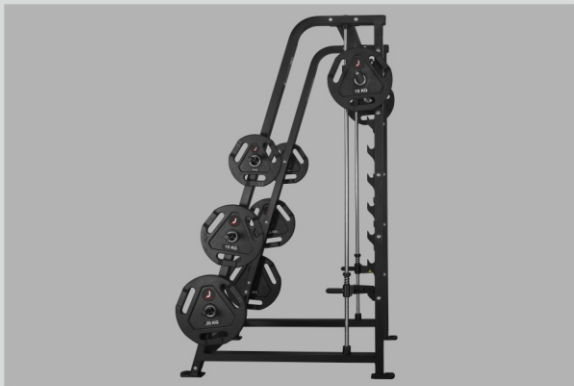


SMITH MACHINE

JFBR - 1020

Ideal and versatile unit for beginners as well as professional bodybuilders. Engineered with racking pegs for 10-weight bar adjustments. Olympic bar travels on linear bearings for smooth operation. Counterbalance system allows for lifting of actual weight. Extra feature of shroud is provided to make the machine dust free and to look elegant.



Scan Here
to Access the Video

FEATURES

- ◆ **Versatility:** Suitable for multiple exercises, including squats, bench presses, and shoulder presses.
- ◆ **Counterbalanced Barbell:** Low starting resistance for all fitness levels.
- ◆ **Safety Stops:** Multiple hooks ensure secure lifting and racking.
- ◆ **Heavy-Duty Frame:** Built for maximum stability and durability during intense workouts.
- ◆ **Plate Storage:** Integrated storage keeps training area organized.

SPECIFICATIONS

DIMENSIONS:

Length: 50 inches / 127 cms

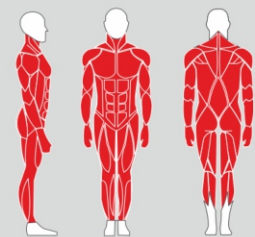
Width: 88 inches / 224 cms

Height: 90 inches / 229 cms

Weight: 362.4 lbs / 164.4 kg

MUSCLE WORKED: Full Body

COLOUR AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.