

PERSONAL TRAINING STATION 50

JHPTS50

A dual weight stack cable machine that incorporates a smith machine in a compact frame to offer a well rounded workout experience. The front rail has scope for multiple attachments for various functional & compound movement exercises.



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FEATURES

- ◆ **Multi-Functional Design:** Combines a Smith machine, cable system, and free-weight rack for full-body training.
- ◆ **Smooth Cable System:** Dual adjustable pulleys allow a variety of exercises with consistent resistance.
- ◆ **Integrated Smith Machine:** Ensures guided barbell movements for safe and effective strength training.
- ◆ **Compact and Versatile:** Perfect for home gyms, offering numerous workout options in a space-efficient structure.
- ◆ **Weight Plate Storage:** Integrated holders keep weight plates organized and within easy reach.

SPECIFICATIONS

DIMENSIONS:

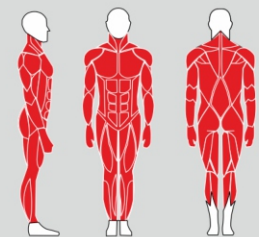
Length: 64 inches/163 cms

Width: 86 inches/218 cms

Height: 92 inches/234 cms

Weight: 677.6 lbs./308 KG

Weight stack: 165 lbs./75 KG X 2 Stack



MUSCLE WORKED: Full Body

COLOURS AVAILABLE: Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.