

MULTI FIT RACK (ADJUSTABLE)

JHBR - 102

A compact and adjustable rack, designed to be easily accommodated into a home setting. With a range of attachments, easily convert your home into your personalized training centre. Combine it with our Super bench to create a full body training station.



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to Access the Video

FEATURES

- ◆ **Height Adjustability:** Multiple height settings for squats, bench press, and overhead lifts, accommodating users of different heights.
- ◆ **Sturdy and Stable Design:** Built for maximum stability during heavy lifting and high-intensity workouts.
- ◆ **Versatile Use:** Ideal for squats, bench press, deadlifts, and other free-weight exercises.
- ◆ **Space-Saving Structure:** Compact design suitable for home or commercial gyms.
- ◆ **Safety Features:** Includes adjustable safety bars and J-hooks for secure and safe weight lifting.

SPECIFICATIONS

DIMENSIONS:

Length: 32 inches/81 cms

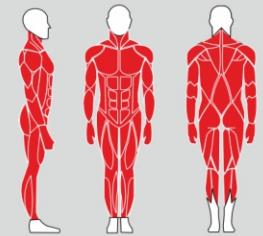
Width: Min 28 inches & Max 46 inches/
Min 71 cms & Max 117 cms

Height: Min 58 inches & Max 89 inches/
Min 147 cms & Max 226 cms

Weight: 104.5 lbs./ 47.5 KG

MUSCLE WORKED: Full Body

COLOURS AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.