

HIGH LOW PULLEY ADJUSTABLE

JFMP - 7020

This versatile machine with the adjustable bar allows the user to perform various exercises. Additional accessories can be attached to this unit to perform multiple exercises. The optional rowing platform offers a better foot placement. The Jerai Fitness High Low Pulley provides a maximum weight of up to 220lbs.



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FEATURES

- ◆ **Adjustable Pulley System:** Allows versatile exercises with customizable pulley heights.
- ◆ **Durable Build:** Heavy-duty construction ensures stability and longevity.
- ◆ **Weight Stack:** Selectorized system for precise resistance adjustments.
- ◆ **Space-Saving Design:** Compact yet versatile for multipurpose use.
- ◆ **Wide Exercise Variety:** Enables multiple exercises such as bicep curls, tricep extensions, lat pulldowns, rows, and more.

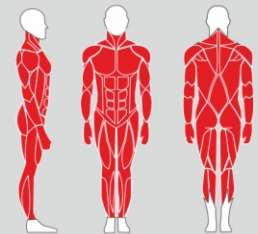
SPECIFICATIONS

DIMENSIONS:

Length: 44 inches / 112 cms
Width: 39 inches / 99 cms
Height: 90 inches / 229 cms
Weight: 481 lbs / 218.2 kg
Weight stack: 220 lbs / 100 kg

MUSCLE WORKED: Full Body

COLOUR AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.