

GYM BOX

JHBR - 106

A modular and customizable rack with a range of attachments that cater to all of your strength training needs. Combine it with our Super Bench to create a full body training station.



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to Access the Video

FEATURES

- ◆ **Heavy-Duty Design:** Provides stability and durability for intense workouts.
- ◆ **Versatile Functionality:** Supports exercises like squats, bench presses, pull-ups, and deadlifts.
- ◆ **Integrated Pull-Up Bar:** For upper-body and core strength training.
- ◆ **Spacious Setup:** Offers ample room for a wide range of free-weight and body weight exercises.
- ◆ **High Load Capacity:** Engineered to handle heavy weights for advanced strength training.

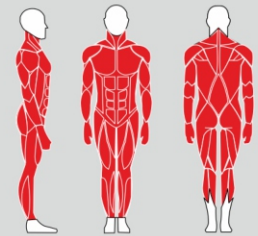
SPECIFICATIONS

DIMENSIONS:

Length: 30 inches/76 cms
Width: 48 inches/122 cms
Height: 92 inches/234 cms
Weight: 132 lbs./60 KG

MUSCLE WORKED: Full Body

COLOURS AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.