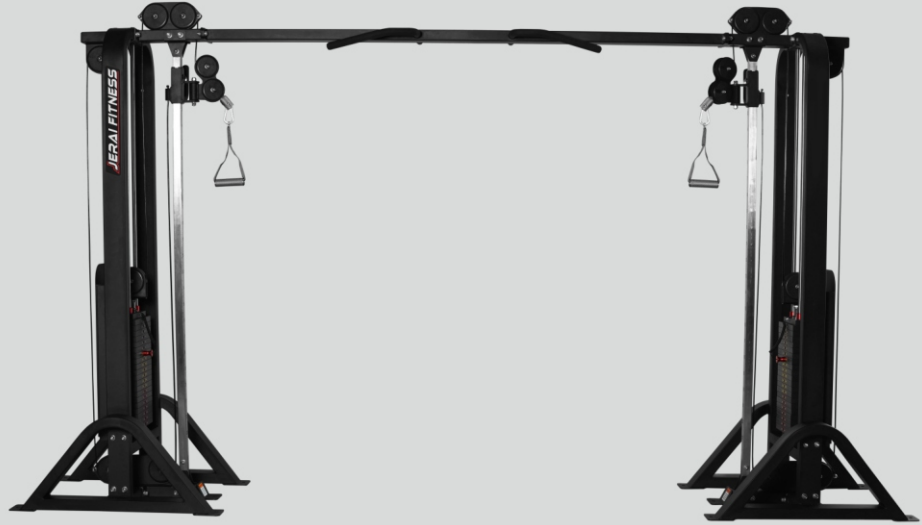


CABLE CROSSOVER ADJUSTABLE

JFMP - 7030

A pulleys travel upwards/downwards and is fully adjustable to various positions and levels. A pull-up and chin-up bar gives an extra feature to the station. Additional accessories can be attached to this unit to perform multiple exercises. The Jerai Fitness Cable Cross Over provides a dual weight stack of up to 220 lbs. each.



Scan Here
to Access the Video

FEATURES

- ◆ **Adjustable Pulleys:** Allows exercises targeting various muscle groups.
- ◆ **Dual Weight Stacks:** Supports balanced unilateral/bilateral exercises or dual-user training.
- ◆ **Multi-Grip Pull-Up Bar:** Enables diverse upper-body workout options.
- ◆ **Versatile Attachments:** Compatible with a variety of handles (e.g., rope, straight- EZ handles, ankle straps) to diversify workout routines.
- ◆ **Safety Features:** Includes locking mechanisms and robust frame construction for user safety.

SPECIFICATIONS

DIMENSIONS:

Length: 162 inches / 411 cms

Width: 39 inches / 99 cms

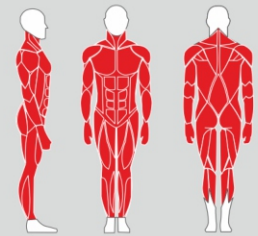
Height: 90 inches / 229 cms

Weight: 851.8 lbs / 386.4 kg

Weight stack: 220 lbs / 100 kg X 2 Stack

MUSCLE WORKED: Full Body

COLOUR AVAILABLE: Black.



*Plates, barbell, attachments and accessories are not included and need to be bought separately.