

45° LEG PRESS

JFPL - 1010

45 degree angle for accurate training. Carriage travels on linear bearing for friction free & smooth performance. Big non-skid high quality rubber foot platform. Ergonomic adjustable seat protects lower back. Inbuilt plate holder allows easy loading & unloading of weight plates. A stopper minimizes risk while performing



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FEATURES

- ◆ **Angled 45° Design:** Maximizes leg engagement while reducing back strain.
- ◆ **Heavy-Duty Frame:** Built for stability and durability under heavy loads.
- ◆ **Large Non-Slip Footplate:** Ensures secure footing and multiple stance options
- ◆ **Ergonomic Seat & Back Support:** Padded design ensures comfort and proper spinal alignment
- ◆ **High Weight Capacity:** Supports progressive overload with plate loading.

SPECIFICATIONS

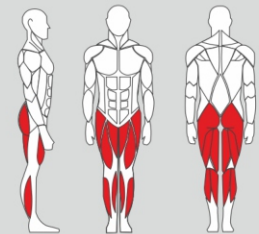
DIMENSIONS:

Length: 87 inches / 221 cms

Width: 64 inches / 163 cms

Height: 55 inches / 140 cms

Weight: 499.3 lbs / 226.5 kg



MUSCLE WORKED: Glutes, Hamstrings

COLOUR AVAILABLE: Black.

*Plates, barbell, attachments and accessories are not included and need to be bought separately.